An overdose happens when someone takes too much of an opioid.

A person who has overdosed will be unable to wake up or talk to you.

Their breathing may be slow and shallow.

They may not be breathing at all.

Find Naloxone NowKY

FindNaloxoneNowKY.org

Give Naloxone!

Naloxone reverses overdose. Act quickly!

Peel

Peel back the foil and remove the nasal spray.

Place

Gently ***insert*** the nozzle into their nostril.

Press

Press the plunger all the way in until it clicks.

Naloxone nasal spray takes 2-3 minutes to work!
Wait at least 2 minutes for a response before giving more.
CALL 911! Give rescue breaths while you wait.

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A person who has overdosed may wake up after naloxone administration **or** they may remain unconscious.

If someone who received naloxone is breathing slowly, shallowly or not at all, **rescue breathing is essential**.

Give Rescue Breaths!

1. Place them on their back. Make sure nothing is their mouth.
2. Apply a barrier mask, if available. Tilt their head back, lift their chin and pinch their nose closed. This opens the airway.
3. **Give one breath slowly**, watching to see their chest rise.
4. Continue giving **one breath every five seconds.**
5. If they start to gurgle or breathe on their own, stop and roll them onto their side in recovery position.

Steps 1 - 2 | Steps 3 - 4 | Step 5

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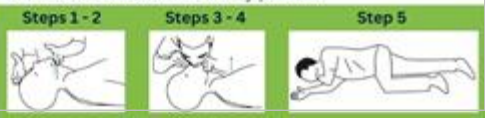

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